



Earlier this year, I had a fall. I bumped my head and broke my hip and I struggled both emotionally and physically after the accident.

My CCNB Care Coordinator visited me in hospital and helped me with a mobility plan for when I came home (under a CCNB Home Care Package).

I'm now happily taking longer strides 'into town' with my new 4-wheel walker.

I'm very appreciative of all the assistance I get from the CCNB team which has helped me exercise my freedom and independence.

I also get out on my own each day to enjoy the sunshine and say hello to the people I know at the newsagency and the library. I smile and it makes me feel like I belong.

**Robert Home Care Package participant**



A CCNB Home Care Package can help you to get the most out of life! You can stay in your home for longer, access the care and home help you need and improve your health and wellbeing.

We are your trusted, local experts on the health and social care system.

### HOW TO CONTACT US:

☎ 1300 002 262

✉ [ccnb@ccnb.com.au](mailto:ccnb@ccnb.com.au)

🌐 [www.ccnb.com.au](http://www.ccnb.com.au)



CCNB pay respect and recognise Australia's First Peoples as the custodians of this land. We pay our respect and recognise their unique cultures and customs honouring our Elders past, present and future.

**ccnb.**  
community care + wellbeing



## YOUR HOME CARE PACKAGE

The benefits of a CCNB Home Care Package and our fees explained

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## WHAT IS A HOME CARE PACKAGE?

A home care package is a government subsidy that provides eligible persons with the care and support they need to remain well and healthy at home.

## WHY CHOOSE CCNB?

### Choice and control

We are an independent and impartial non-profit organisation with no affiliations. We work for you.

### Tailored to you

We work with you, your family and carers to understand all your lifestyle needs and combine services in a way that suits you.

### Access to a wide range of services & expertise

We have friendly, experienced staff including but not limited to:

- Occupational therapists
- Dementia advisors
- Nurses
- Social Workers
- Wellness specialists.

## WHAT ARE THE DIFFERENT LEVELS OF HOME CARE PACKAGES?

### LEVEL 1

The focus of this package is on basic care needs such as domestic assistance.

### LEVEL 2

This is care that helps you to maintain your independence - it can include domestic assistance as well as social support and help with shopping.

### LEVEL 3

Services such as meals, transport, social support and any relevant health services are included in this intermediate care package.

### LEVEL 4

High-level care customised to your needs provided up to twice daily, seven days a week. The package could include domestic assistance, respite care, relevant health services, transport, social support and personal care.

## WHAT ARE THE BENEFITS FOR ME?



One CCNB point of contact for all your care needs.



Absolutely no hidden charges - one flat rate for each package level.



Access to a wide range of services - housework, shopping, meals, gardening and more! **Just ask us!**



We aren't a direct provider of care services. Instead we help you to develop a care plan for your needs.



Assessment, referral and we will link you to the best service to meet your needs.



Access to health and wellbeing services - physiotherapy, exercise programs, cooking classes, personal support during travelling and more.



Specialised advice on financial matters including determining the best residential care facility if required.